

CONGRATULATIONS!

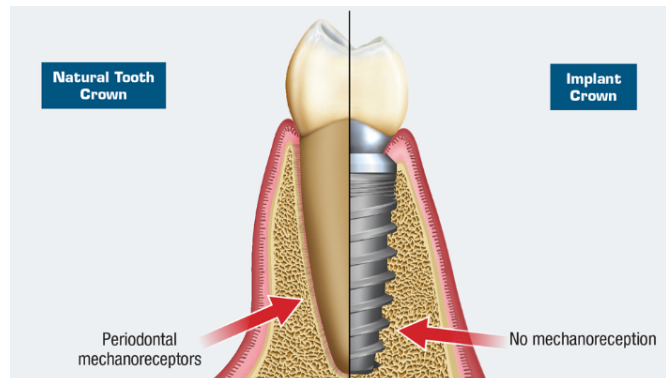
AOX FINAL DELIVERY



Congratulations! Today you received your “Permanent” or Final Bridge(s). Welcome to freedom, comfort, and a smile that will impress everyone!

We want you to understand a few things regarding the transition to your new teeth:

1. You have had a “restricted” bite over the past months dictated by the limited bite on your temporary teeth and the healing implants. Today, with your new final teeth, you will have significantly more functionality to your bite and your body needs time to adapt. The analogy is that you’ve been riding a bicycle with training wheels and today the training wheels are coming off – just like a new bicycle rider, you may wobble a bit. To help yourself and to minimize your in-coordination with the new teeth (this usually manifests itself by you ‘chewing’ your lips, cheek and/or tongue), we suggest that you **cut your food** up into smaller than normal pieces and **chew slowly** and thoroughly for the **first couple of weeks**. This will help your body adapt to your new, solid bite.
2. Your bite will ‘settle in’ over the next **four to six weeks**. At each of your follow-up appointments we will be looking at your bite and adjusting it accordingly.
3. Your new implant teeth are **different** than real teeth in that real teeth are resilient – they have a ‘shock absorber’ between the root and the bone, allowing them to flex and bend slightly. Because there are nerves attached to the teeth, if you bite on something too hard, they tell you by hurting.
4. Implant teeth are solid – they are not resilient in that there is **no shock absorber** between the titanium implant and bar and the bone. They have no nerves attached to them, so you can bite too hard without any pain. If you bite on something hard with your dental implant restoration, something must ‘give’ to prevent fracture of the titanium implants or the titanium bar – that ‘something’ is the teeth – the teeth are designed to fracture under stress and prevent damage to the implants or the bar.
5. Your implants are designed to last a lifetime with proper care and maintenance – that includes **regular professional cleaning appointments**. The teeth themselves will eventually wear out from normal chewing – typically, that is many years down the road. Your teeth are like tires on your car, they start to wear, lose treading, and need to be replaced. Similarly, you can have the worn teeth on our prosthesis replaced with new teeth.



6. Your next appointments will be as follows:

- a. 1 month after delivery: bite check and adjustments as needed, final photos
- b. 3 months after delivery: bite check and adjustments as needed
- c. 6 months after delivery: first “cleaning” – removal of bridge(s) to evaluate hygiene

Note: The warranty is deemed void if the patient fails to adhere to the prescribed routine implant maintenance

7. After your first cleaning, we will refer you back to your general dentist for your routine dental treatment and regular cleanings. We will see you **once per year** to do an Implant Maintenance, where we take the bridge(s) off, clean them, and put them back in; your regular dentist will not remove the bridge(s) during cleanings.
8. After your treatment is complete and you have been referred back to your dentist, we remain ready and willing to assist you with any problem, should it develop. We are just a phone call away if you need.

Congratulations again on your new smile from your RENU Prosthodontics team!

YOUR NEXT APPOINTMENTS:

1 month (Date/Time): _____

3 months (Date/Time): _____

6 months (Date/Time): _____
