

## AOX HYGIENE INSTRUCTIONS (1 WEEK)



- **Brush Twice Daily:**
    - Use the manual soft post-op toothbrush to massage your gums under the prosthesis gently. Brush in small circular motions and focus on the areas where the **prosthesis meets the gums** to remove plaque.
  - **Monojet Irrigation Twice Daily:**
    - You may use mouthwash, water, or salt water as you wish.
  - Rinse after all meals with water or salt water
  - Follow the instructions your oral surgeon gave you regarding any antibiotic mouth rinse they may have prescribed.
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